

Plants Along Trails Master List - Page 1 of 6

Family	Scientific Name	Common Name	Hab	Mo	Col	YH	AC	MF	JL	LK
FERNS and FERN ALLIES										
POLYPODIACEAE et al.										
Fern Families	<i>Athyrium filix-femina</i>	Lady fern	Fm				x		x	
	<i>Pentagramma triangularis</i> = <i>Pityrogramma t.</i>	Goldback fern	R			x				
	<i>Polypodium glycyrrhiza</i>	Licorice fern	R			x	x		x	
	<i>Polystichum munitum</i>	Western sword fern	Fm			x	x	x	x	x
	<i>Pteridium aquilinum</i>	Bracken	V			x	x	x	x	x
EQUISETACEAE										
Horsetail Fam.	<i>Equisetum sp.</i>	Horsetail	G				x	x		
SELAGINELLACEAE										
Selaginella Fam	<i>Selaginella wallacei</i>	Wallace's selaginella	R			x	x			
TREES with NEEDLES or SCALES										
CUPRESSACEAE										
Cypress Fam.	<i>Juniperus maritimum</i>	Seaside juniper	FoR			x		x		
	<i>Thuja plicata</i>	Western red cedar	Fm					x	x	x
PINACEAE										
Pine Family	<i>Abies grandis</i>	Grand fir	Fdm			x	x	x	x	x
	<i>Pinus contorta</i>	Lodgepole pine	Fd					x	x	x
	<i>Pseudotsuga menziesii</i>	Douglas-fir	Fdm			x	x	x	x	x
	<i>Tsuga heterophylla</i>	Western hemlock	Fm					x	x	
TAXACEAE										
Yew Family	<i>Taxus brevifolia</i>	Western yew	Fm						x	
TREES with BROAD LEAVES										
ACERACEAE										
Maple Family	<i>Acer glabrum douglasii</i>	Douglas' maple	Fdm	5	GY			x	x	
	<i>A. macrophyllum</i>	Bigleaf maple	Fmd	4-5	GY	x				x
BETULACEAE										
Birch Family	<i>Alnus rubra</i>	Red alder	Fmo			x		x	x	x
ERICACEAE										
Heath Family	<i>Arbutus menziesii</i>	Madrone	FoR	4	W	x	x	x	x	x
FAGACEAE										
Beech Family	<i>Quercus garryana</i>	Garry oak	Fo			x	x	x		
ROSACEAE										
Rose Family	<i>Crataegus douglasii</i>	Black hawthorn	FoR	5	W		x	x		
	<i>C. monogyna</i>	Common hawthorn	V	5-6	W		x	x		x
	<i>Prunus emarginata</i>	Bitter cherry	Fo	4-5	W		x			
SALICACEAE										
Willow Family	<i>Populus sp.</i>	Poplar	D				x			
	<i>Salix scouleriana</i>	Scouler's willow	Fo				x			
ULMACEAE										
Elm Family	<i>Ulmus elata</i>	Elm	D				x			
VINES										
ARALIACEAE										
Ginseng Family	<i>Hedera helix</i>	English ivy	V							x
CAPRIFOLIACEAE										
Honeysuckle F.	<i>Lonicera ciliosa</i>	Orange honeysuckle	Fod	5-6	O		x		x	
	<i>L. hispidula</i>	Hairy honeysuckle	Fom	5-8	PiPu	x			x	x
CUCURBITACEAE										
Gourd Family	<i>Marah oreganus</i>	Oregon manroot	GFo	4-6	W	x	x	x		x
ROSACEAE										
Rose Family	<i>Rubus armeniacus</i> = <i>R. discolor</i> ; <i>R. procerus</i>	Himalayan blackberry	GFo	5-9	W	x	x	x		x
	<i>R. laciniatus</i>	Evergreen blackberry	GFo	6-8	W					x
	<i>R. ursinus</i>	Trailing blackberry	GFo	5-7	W	x	x	x	x	x

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SHRUBS										
AQUIFOLIACEAE										
Holly Family	<i>Ilex aquifolium</i>	English holly	V		W		x		x	
BERBERIDACEAE										
Barberry Fam.	<i>Berberis aquifolium</i>	Tall Oregon grape	FoV	3-5	Y	x	x	x	x	x
	<i>B. nervosa</i>	Low Oregon grape	Fdm	4	Y	x			x	x
CAPRIFOLIACEAE										
Honeysuckle F	<i>Sambucus racemosa</i> var. <i>arborescens</i>	Red elderberry	Fmd	4-5	W		x	x	x	x
	<i>Symphoricarpos albus</i>	Snowberry	V	5-9	PiW	x	x	x	x	x
ELEAGNACEAE										
Oleaster Fam.	<i>Shepherdia canadensis</i>	Soopolallie	Fdo	4	Ybr		x			x
ERICACEAE										
Heath Family	<i>Gaultheria shallon</i>	Salal	Fd	5-6	Pi	x			x	
FABACEAE = Leguminosae										
Pea Family	<i>Cytisus scoparius</i>	Scot's broom	VD	7	YO					
GROSSULARIACEAE										
Gooseberry F.	<i>Ribes divaricatum</i>	Coast black gooseberry	GFo	4	RW		x			
	<i>R. lacustre</i>	Swamp gooseberry	Fmd	5	PiR				x	
	<i>R. sanguineum</i>	Red-flowering currant	Fod	3-5	RWPi	x	x		x	x
ROSACEAE										
Rose Family	<i>Amelanchier alnifolia</i>	Western serviceberry	Fo	4	W	x	x	x		
	<i>Holodiscus discolor</i>	Ocean spray	Fo	5-7	W	x	x	x	x	x
	<i>Malus fusca</i> = <i>Pyrus f.</i>	Pacific crabapple	Fom	4	W		x		x	
	<i>Rosa gymnocarpa</i>	Bald-hip rose	Fod	5-6	R	x		x	x	x
	<i>R. nutkana</i>	Nootka rose	FoG	5-7	R	x	x	x	x	x
	<i>Rubus leucodermis</i>	Blackcap	GFo	4-6	W	x			x	x
	<i>R. parviflorus</i>	Thimbleberry	Fo	5-6	W		x		x	
	<i>R. spectabilis</i>	Salmonberry	Fmd	3-5	R		x		x	x
HERBACEOUS FLOWERING PLANTS										
APIACEAE = Umbelliferae										
Carrot Family	<i>Daucus carota</i>	Queen Anne's lace	DG	7-9	WPi	x	x	x	x	x
	<i>Heracleum maximum</i> = <i>H. lanatum</i>	Cow parsnip	V	4-5	W		x			
	<i>Lomatium nudicaule</i>	Naked desert parsley	G	4-6	Y		x	x	x	
	<i>L. utriculatum</i>	Spring gold	G	4-5	Y		x			
	<i>Osmorhiza berteroi</i> = <i>O. chilensis</i>	Sweet-cicely	Fd	4-6	WG	x	x	x	x	x
	<i>Sanicula bipinnatifida</i>	Purple sanicle	GFo	6	Pu		x	x		
	<i>S. crassicaulis</i>	Pacific sanicle	Fdm	4-7	Y	x	x	x	x	x
APOCYNACEAE										
Dogbane Family	<i>Vinca major</i>	Periwinkle	Fd	4-6	BI		x		x	x
ASTERACEAE = Compositae										
Aster Family	<i>Achillea millefolium</i>	Yarrow	V	5-9	W		x		x	x
	<i>Adenocaulon bicolor</i>	Pathfinder	Fd	5-8	W	x		x	x	
	<i>Anaphalis margaritacea</i>	Pearly everlasting	GFo	6-9	W		x		x	x
	<i>Artemisia suksdorfii</i>	Coastal mugwort	S	6	YG					x
	<i>Bellis perennis</i>	English daisy	VD	3-8	PiW	x	x	x	x	x
	<i>Cichorium intybus</i>	Chicory	G	7-8	BI		x			x
	<i>Cirsium arvense</i> <i>var. horridum</i>	Canada thistle	GD	6-9	PiPu	x	x	x		x
	<i>C. vulgare</i>	Bull thistle	GD	6-9	Pu	x	x	x	x	x
	<i>Crepis capillaris</i>	Smooth hawksbeard	D	6-8	Y		x	x	x	x
	<i>Crocidium multicaule</i>	Spring gold; gold star	S	3	Y		x			
	<i>Grindelia stricta v. stricta</i>	Coastal gumweed	SR	5-9	Y		x			x

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HERBACEOUS FLOWERING PLANTS										
Aster Family (continued)	= <i>G. integrifolium</i>									
	<i>Hieracium albiflorum</i>	White-flowered hawkweed	Fdm	5-8	W	x			x	x
	<i>Hypochaeris glabra</i>	Smooth cat's-ear	G	4-7	Y	x	x	x		x
	<i>H. radicata</i>	Hairy cat's-ear	GD	5-9	Y	x	x	x	x	x
	<i>Leucanthemum vulgare</i>	Ox-eye daisy	G	5-8	W					x
	=<i>Chrysanthemum leucanthemum</i>									
	<i>Madia sativa</i>	Coast tarweed	G	6	Y			x	x	
	<i>Matricaria discoidea</i>	Pineapple weed	D	7	Y		x	x		
	=<i>M. matricarioides</i>									
	<i>Mycelis muralis</i>	Wall lettuce	Fdm	5-8	Y	x			x	x
	= <i>Lactuca m.</i>									
	<i>Senecio jacobaea</i>	Tansy ragwort	GD	7-8	Y		x		x	x
	<i>S. vulgaris</i>	Old-man-in-the-spring	G	3-5	Y	x	x			x
	<i>Solidago canadensis</i>	Canada goldenrod	G	7-8	Y		x			
	<i>Sonchus asper</i>	Prickly sow-thistle	GD	4-8	Y		x			
	<i>S. oleraceus</i>	Common sow-thistle	GD	6	Y					x
	<i>Taraxacum officinale</i>	Common dandelion	GD	3-6	Y	x	x	x	x	x
	<i>Tragopogon sp.</i>	Yellow salsify	G	5-7	Y		x			x
	<i>T. porrifolius</i>	Purple salsify	G	5-7	Pu					x
BORAGINACEAE										
Borage Family	<i>Amsinckia spectabilis</i>	Seaside fiddleneck	SG	5-7	O		x			
	<i>Myosotis discolor</i>	Yellow-&-blue forget-me-not	G	4-7	BIY	x	x	x	x	x
BRASSICACEAE =Cruciferae										
Mustard Family	<i>Brassica rapa</i>	Field mustard	G	5-8	Y		x			
	= <i>B. campestris</i>									
	<i>Cardamine hirsuta</i>	Hairy bittercress	VD	3-5	W	x	x	x	x	x
	<i>Draba verna</i>	Whitlow grass	VD	5	W	x	x	x	x	x
	=<i>Erophila v.</i>									
	<i>Lepidium campestre</i>	Field cress	G	4	W	x	x			
	<i>L. virginicum</i>	Virginia peppergrass	S	5-9	W		x			
	<i>Teesdalia nudicaulis</i>	Shepherd's cress	G	4-6	W	x	x	x	x	
	<i>Sisymbrium altissimum</i>	Tumble mustard	D	6	Y		x			
CARYOPHYLLACEAE										
Pink Family	<i>Cerastium arvense</i>	Field chickweed	GR	4-6	W	x	x	x	x	x
	<i>C. fontanum var. vulgare</i>	Mouse-ear chickweed	G	3-6	W	x	x	x		
	= <i>C. vulgatum</i>									
	<i>C. glomeratum</i>	Sticky chickweed	G	4-5	W	x	x	x	x	x
	= <i>C. viscosum</i>									
	<i>Moehringia macrophylla</i>	Large-leaved sandwort	Fmd	4-5	W	x				
	=<i>Arenaria m.</i>									
	<i>Silene gallica</i>	Small-flowered catchfly	G	6	WPiPu	x				
	<i>Spergularia macrotheca</i>	Beach sandspurrey	S	5-8	Pi		x			
	<i>S. rubra</i>	Red sandspurrey	D	5-8	R		x			x
	<i>Stellaria media</i>	Chickweed	VD	4-8	W	x	x	x	x	x
CONVOLVULACEAE										
Morning Glory F	<i>Calystegia soldanella</i>	Beach morning-glory	S	6	Pi		x			
CRASSULACEAE										
Stonecrop Fam	<i>Sedum lanceolatum</i>	Narrow-leaved stone-crop	R		Y	x				
	<i>S. spathulifolium</i>	Broad-leaved stone-crop	R	5-6	Y	x				x
CUCURBITACEAE										
Gourd Family	<i>Marah oreganus</i>	Oregon manroot	GFo	5	W	x				x
CYPERACEAE										
Sedge Family	<i>Carex sp.</i>	Sedges	G	4-5	Br	x	x	x		
ERICACEAE										
Heath Family	<i>Monotropa uniflora</i>	Indian pipe	Fmd	7-8	W				x	
	<i>Pyrola asarifolia aphylla</i>	Pink wintergreen	Fm	7-8	Pi				x	

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HERBACEOUS FLOWERING PLANTS										
FABACEAE =Leguminosae										
Pea Family	<i>Lathyrus nevadensis</i>	Sierra Nevada pea	Fo	4-6	BIPuR	x			x	x
	<i>L. japonicus</i>	Beach pea	SD	5-8	BIPu				x	
	<i>Lotus micranthus</i>	Small-headed lotus	RG	5-6	YR	x				
	<i>Lupinus bicolor</i>	Two-color lupine	G	4-7	BIW	x	x	x	x	
	<i>L. littoralis</i>	Seashore lupine	S	5-9	BIPu		x			
	<i>Trifolium depauperatum</i>	Poverty clover	G	5	PiW	x				
	<i>T. dubium</i>	Least hop clover	VD	4-8	Y	x	x	x	x	x
	<i>T. microcephalum</i>	Woolly clover	G	5	WPI	x	x	x		
	<i>T. microdon</i>	Thimble clover	G	5-6	WR	x	x	x		
	<i>T. oliganthum</i>	Few-flowered clover	G	5-6	Pu	x	x	x		
	<i>T. pratense</i>	Red clover	DV	6-8	R		x			
	<i>T. repens</i>	White clover	VD	4-9	W		x	x		x
	<i>T. variegatum</i>	White-tip clover	G	5-6	PuW	x		x		
	<i>T. willdenovii</i>	Tomcat clover	G	5-6	Pu	x	x	x		x
	=T. tridentatum									
	<i>Vicia hirsuta</i>	Hairy vetch	V	4-8	WBI	x	x	x	x	x
	<i>Vicia sativa</i>	Common vetch	V	4-7	PuR	x	x	x	x	x
GENTIANACEAE										
Gentian Fam.	<i>Centaurium erythraea</i> = <i>C. umbellatum</i>	Common centaury	G	6-8	R	x	x		x	x
GERANIACEAE										
Geranium Fam	<i>Erodium cicutarium</i>	Storks bill	GD	3-9	Pi	x	x	x	x	x
	<i>Geranium dissectum</i>	Cut-leafed geranium	GFo	5-8	PiPu	x			x	
	<i>G. molle</i>	Dovefoot geranium	GFo	4-7	Pi	x	x	x	x	x
HYDROPHYLLACEAE										
Waterleaf Fam	<i>Nemophila parviflora</i>	Small-flowered nemophila	Fo	5-7	L	x				x
HYPERICACEAE										
St. John's wort F	<i>Hypericum perforatum</i>	Common St. John's wort	VD	6-8	Y			x		x
IRIDACEAE										
Iris Family	<i>Olsynium douglasii</i> =Sisyrinchium d.	Grass widow; Satin flower	RG	3	PuR		x			x
	<i>Sisyrinchium idahoense</i> =S. angustifolium	Blue-eyed grass	G	4-6	BI		x	x		
JUNCACEAE										
Rush Family	<i>Juncus effusus</i>	Common rush	G	4-5	BrG		x			
	<i>Luzula multiflora</i> = L. campestris	Many-flowered wood rush	FoG	4-6	Br	x	x	x	x	x
LAMIACEAE = Labiatae										
Mint Family	<i>Lamium purpureum</i>	Red dead nettle	DG	5	PiPu		x			
	<i>Prunella vulgaris</i>	Self-heal	DG	4-5	PuPi	x	x			
	<i>Satureja douglasii</i>	Yerba buena	Fo	4-7	PuW	x				x
LILIACEAE										
Lily Family	<i>Allium acuminatum</i>	Hooker's onion	G	5-7	PiPu	x	x	x		x
	<i>Allium sp.</i>		RS				x			
	<i>Brodiaea coronaria</i>	Harvest brodiaea	G	6-7	PuV	x	x	x		
	<i>Camassia leichtlinii</i>	Great camas	G	5-6	BI	x	x	x		
	<i>Camassia quamash</i>	Common/purple camas	G	4-5	BIPu	x	x	x	x	
	<i>Erythronium oreganum</i>	White fawn-lily	FdG	4-5	W	x			x	x
	<i>Fritillaria affinis v. affinis</i> = F. lanceolata	Chocolate lily; Mission bells	G	4-5	PuGY	x	x	x		x
	<i>Maianthemum stellata</i> = Smilacina stellata	Star-flowered Solomon's seal	G	4-5	W		x			
	<i>Tritelia howellii</i> =Brodiaea howelli	Howell's brodiaea	G	5-6	BIW	x	x	x	x	
	<i>T. hyacinthina</i>	Hyacinth brodiaea	G	5-7	WBI	x	x	x		x

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Lily Family (continued)	= <i>Brodiaea hyacinthina</i> <i>Zygadenus venenosus</i>	Death camas	G	4-5	GY	x	x	x		x
ONAGRACEAE										
Evening primrose	<i>Camissonia contorta</i>	Contorted-pod evening primrose	S	5-7	Y		x			
ORCHIDACEAE										
Orchid Family	<i>Calypso bulbosa</i>	Calypso	Fd	3-5	PuR	x			x	x
	<i>Corallorhiza maculata</i>	Spotted coralroot	Fd	4-7	RPuW	x			x	x
	<i>C. striata</i>	Striped coralroot	Fd	4-5	PuPiY	x				x
	<i>Epipactis helleborine</i>	European hellebore	FdV	6-8	PuG	x			x	x
	<i>Goodyera oblongifolia</i>	Rattlesnake plantain	Fd	8	W				x	x
	<i>Listera cordata</i>	Heart-leaved twayblade	Fm	7-8	G				x	
	<i>Piperia elegans</i> = <i>Habenaria greenei</i>	Rein orchid	Fdm	7-8	GW	x		x		x
PAPAVERACEAE										
Poppy Family	<i>Eschscholtzia californica</i>	California poppy	GR	5-8	YO			x		x
PLANTAGINACEAE										
Plantain Family	<i>Plantago lanceolata</i>	English plantain	GD	4-7	G	x	x	x	x	x
	<i>P. major</i>	Common plantain	GD	7-8	G				x	
	<i>P. maritima</i>	Seaside plantain	S	6-7	G		x			
PLUMBAGINACEAE										
Leadwort Fam.	<i>Armeria maritima</i>	Sea thrift	S	3-6	PiL		x			
POACEAE = Gramineae										
Grass Family	Grasses are not included in this list.									
POLYGONACEAE										
Buckwheat Fam	<i>Rumex acetosella</i>	Sheep sorrel	D	4-7	RY	x	x		x	x
	<i>R. crispus</i>	Curly-leaved dock	D	6	Y					x
PORTULACAEAE										
Purslane Fam.	<i>Calandrinia ciliata</i>	Redmaids	G	5	R		x			
	<i>Claytonia exigua glauca</i> = <i>Montia perfoliata glauca</i>	Glaucous miner's lettuce	S	3-5	W		x			
	<i>C. perfoliata</i> = <i>Montia perfoliata</i>	Miner's lettuce	Fo	3-6	WPi	x	x	x	x	x
	<i>C. sibirica</i>	Candyflower	Fm	5-8	WPi				x	
PRIMULACEAE										
Primrose Fam.	<i>Anagallis arvensis</i>	Scarlet pimpernel	DR	6	R		x			x
	<i>Dodecatheon hendersonii</i>	Henderson's shooting star	GR	4-5	RYPu	x	x	x		
	<i>Trientalis latifolia</i> = <i>T. borealis</i>	Broad-leaved starflower	Fod	4-6	Pi	x		x	x	x
RANUNCULACEAE										
Buttercup Fam	<i>Aquilegia formosa</i>	Red columbine	GRFo	5	RY					x
	<i>Ranunculus californicus</i>	California buttercup	GS	4-6	Y		x	x		
	<i>R. occidentalis</i>	Western buttercup	GFo	3-6	Y	x	x	x		
	<i>R. uncinatus</i>	Woodland buttercup	GFo	4-6	Y	x			x	
ROSACEAE										
Rose Family	<i>Fragaria chiloensis</i>	Coast strawberry	S	3-5	W		x	x		
	<i>F. vesca</i>	Woodland strawberry	Fo	4-8	W	x	x	x	x	x
	<i>F. virginiana v. polypetala</i>	Western strawberry	Fo	4-5	W		x	x		
	<i>Geum macrophyllum</i>	Large-leaved geum	Fo	6-8	Y	x			x	
RUBIACEAE										
Madder Family	<i>Galium aparine</i>	Cleavers	GFo	4-7	WG	x	x	x	x	x
	<i>G. boreale</i>	Northern bedstraw	G	6-7	W		x			
	<i>Sherardia arvensis</i>	Blue field-madder	G	5-6	PiL	x				x

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HERBACEOUS FLOWERING PLANTS										
SAXIFRAGACEAE										
Saxifrage Fam.	<i>Heuchera micrantha</i>	Small-flowered alumroot	RFd	5-6	W	x			x	x
	<i>Lithophragma glabrum</i> = <i>L. bulbiferum</i>	Rocket star	GFo	4	WPi	x				
	<i>L. parviflorum</i>	Prairie star flower	GFo	4-5	WPi	x	x	x		
	<i>Saxifraga caespitosa</i>	Tufted saxifrage	R	4-6	W				x	x
	<i>S. integrifolia</i>	Grassland saxifrage	G	4-5	GW	x				
	<i>Tellima grandiflora</i>	Fringe cup	Fm	4-6	GW					x
	<i>Tiarella trifoliata</i>	Western foam flower	Fm	4-8	W					x
SCROPHULARIACEAE										
Figwort Family	<i>Collinsia parviflora</i>	Blue-eyed Mary	V	3-5	BIW	x	x			
	<i>Mimulus alsinoides</i>	Chickweed monkey flower	R	4-5	YR	x				
	<i>Parentucellia viscosa</i>	Yellowweed; Yellow bartsia	GD	6-8	Y		x		x	
	<i>Triphysaria pusilla</i> = <i>Orthocarpus pusillus</i>	Dwarf owl-clover	VD	4-5	RYPu		x	x		
	<i>Verbascum thapsus</i>	Common mullein	D	6-8	Y					x
	<i>Veronica arvensis</i>	Field/Wall speedwell	GD	4-7	BI	x	x	x	x	
URTICACEAE										
Nettle Family	<i>Urtica dioica</i>	Nettle	GFoD	4-6	G	x	x	x	x	
VALERIANACEAE										
Valerian Fam.	<i>Plectritis congesta</i>	Sea blush	GR	5-6	PiW	x				
VIOLACEAE										
Violet Family	<i>Viola adunca</i>	Western blue violet	FoG	4	BIV		x			